



Buxton Emergency Management Agency

185 Portland Rd., Buxton, ME 04093

Phone: (207) 929-3099

Fax: (207) 929-3076

Pre-Emergency Plans

✓ Develop a family communication plan:

Plan on how your family will contact each other. Designate several locations where your family will meet.

✓ Create a plan to evacuate:

Make arrangements for your pets. Bring your emergency kit(s). Choose several different locations where your family will go in the event of an evacuation.

✓ Create a plan to shelter-in-place (stay inside):

Designate a room in your home as a shelter, no windows/doors that open to the outside. Cover windows, bring pets indoors.

Shelter information and Needs

If you and your family have to move to a local emergency shelter, please remember the following.

Bring your own emergency supply kit. Not all shelters will be pet friendly – it's up to you as a pet owner to have a plan for your pets.

- ❑ No weapons – Law enforcement will be onsite.
- ❑ Bring all family medications and or/prescriptions!
- ❑ Male/female hygiene items.
- ❑ Bring your own pillow, blankets, foam mats.
- ❑ Pet food, pet bowls, and pet medications.
- ❑ Some type of pet cage or leash (per pet).
- ❑ If pets are not allowed in the shelter, there *may* be other rooms set up as a pet shelter.
- ❑ Pet owners are responsible for their pet.
- ❑ No alcohol, no smoking, spitting or swearing.
- ❑ Fighting will not be tolerated.
- ❑ Bring items to entertain children, books, games etc.
- ❑ Cell phone charger cords.

Be Ready Checklist

- I know what emergencies or disasters are most likely to occur in my community.
- I have a family disaster plan and have practiced it.
- I have an emergency preparedness kit.
- At least one member in the household is trained in first aid and CPR/AED.
- I have taken actions to help my community prepare.

Go Bags/Kits

Your kit should be packed and ready to go. You should be able to move your kit by yourself, or with the assistance of another. A wheeled cart or a child's wagon would be helpful.

- ❑ Important family documents/family records/ID/bank and insurance cards.
- ❑ Bring all medications and/or prescriptions! Hearing aid batteries, if possible an extra pair of eyeglasses.
- ❑ Male/Female personal hygiene supplies. Toilet paper. Baby diapers and/or formula.
- ❑ Moist towelettes, different size plastic bags (Lg. can be used to keep dry and warm).
- ❑ Manual can opener, paper/plastic dinnerware, mess kits. Roll of plastic sheeting.
- ❑ 5 day supply of non-perishable food and water.
- ❑ Household bleach (disinfectant). Matches or lighters.
- ❑ Radio, Flashlight (extra batteries), or a hand cranked model. Some type of time piece (clock).
- ❑ Whistle to signal for help.
- ❑ First Aid Kit, with extra bandages.
- ❑ Work gloves, cloth rags, dust mask.
- ❑ Duct tape, small folding shovel, rope (cloths line).
- ❑ Wrench, pliers, hammer, screwdrivers (both types).
- ❑ Sleeping bags, blankets, foam mats, camp pillow.
- ❑ Cash/Travelers checks.
- ❑ Pet food, meds, leashes, bowls.



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Family First Aid Kit

- ❑ Weather tight box or bag
- ❑ First Aid manual
- ❑ Extra medications
- ❑ Sterile and non-sterile gloves
- ❑ Hand sanitizer
- ❑ Bandages all sizes/Sanitation pads
- ❑ Sterile bandages and rolled gauze
- ❑ Ace bandages
- ❑ Adhesive first aid tape
- ❑ Soap and towelettes
- ❑ Scissors
- ❑ Safety Pins
- ❑ Thermometer
- ❑ Eye wash solution
- ❑ Aspirin and non-aspirin pain reliever
- ❑ Antacids – Pepto-Bismol
- ❑ Diarrhea medication
- ❑ Instant cold pack
- ❑ CPR mask

What else can I do?

- Volunteer with your local CERT team, Red Cross or any other disaster response agency.
- Learn First Aid and CPR.
- Learn your child's school emergency plan.
- Include extended family in planning.
- Practice your family plan regularly.
- Encourage others to prepare, friends, extended family, co-workers and neighbors.

Helpful Websites

www.ready.gov

www.redcross.org

www.maine.gov/dhhs/boh

www.211maine.org

www.nws.noaa.gov

www.maine.gov/mema/prepare

Let Your Family Know You're Safe

If your community has experienced a disaster, register on the American Red Cross Safe and Well website to let your family and friends know you are safe. You may also call 1-800-RED-CROSS (1-800-733-2767) and select the prompt "Disaster" to register yourself and your family.

Buxton Area Non-Emergency Contact Numbers

Red Cross.....	874-1192
United Way.....	874-1000
Salvation Army.....	774-4172
Maine Medical Center.....	662-0111
Mercy Hospital.....	879-3000
Southern Maine Medical Center.....	283-7000
Buxton Police Department.....	929-6612